



CONFIDENTIALITY

**We provide a confidential service to all
of our young visitors**

**No information will be passed on
without the young persons permission.**

Safeguarding your child.

**we have a responsibility to protect any
young person from harm or abuse, and
will respond to any serious concerns by
explaining to the young person that we
would need to share any information
that affected their safety.**

**Tic Tac
Funded by NHS Kernow
and provided by
Tamar Valley Health
Callington and Gunnislake Health
Centres.
01579 382666
01822 832641**

**Tic-Tac is a teacher
free zone**

**Telephone
01579-383292
Ext 206**

**Confidential help and
advice available every
day at 2nd break**



Tic Tac
at
**Callington
Community College**

**Information
guide for
Parents
and
Guardians**

Our Aim

Many local young people feel uncomfortable accessing the usual GP services. We are committed to help improve the lives of young people by recognising and providing this health and wellbeing advice service on the college site, enabling young people easy access to health services and wellbeing advice.

Health Professionals

We are a small team, made up of 3 doctors and 3 practice nurses from the Callington and Gunnislake Health Centre's, providing a drop in service. The school nurse also supports TicTac once a week. Cheryl is our on site coordinator and is at the bungalow every day. She will be able to help your son or daughter when they visit and will be able to suggest who they could see for help.

Cheryl will be able to arrange for them to see one of the team normally immediately or she can arrange appointments for an alternative day or time if preferable.

“Outstanding” Service for Young people

During a recent inspection of local health services by the Care Quality Commission, (the regulatory body of Health and Social Care) Tic Tac Callington received an “Outstanding “ accreditation for services it provided for local young people.



Support and Advice for :

Health worries

Family concerns

Relationships

Eating concerns

Stress and Anxiety

Smoking and Drugs

Sexual Health

Contraception

Emotional & Mental Health

Alcohol

Healthy Eating/Weight

Bullying

Feeling sad or worried

Bereavement

Young Carers

Students visiting Tic Tac

We are open every day during the college 2nd break - from 12.20 to 2pm (period 4). Your son or daughter will be allowed to visit during their break time, or by arranged appointment.

They may have concerns that they are unable to leave the ‘Lunch area’ but please reassure them that they only need to tell the teacher on duty that they wish to visit TicTac. It may be a good idea if they bring their lunch as they may need to sit and wait.

We recognise that young people often like to have the support of their friends to feel confident to visit us, we are happy to see them with their friends if desired.



Our Location -The Bungalow

We are located in the bungalow opposite the main reception We do our best to offer a ‘young person’ friendly atmosphere and have a comfortable waiting lounge for students and private rooms where young people can talk to a health professional in confidence.