

TAMAR VALLEY HEALTH

Winter 2019

Issue 1



PATIENTS' NEWSLETTER



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Dates for your diary:

- League of Friends Meeting:
Wednesday 22nd
January 7pm,
Callington Health Centre
- Patient Participation Group Meeting:
Wednesday 12th
February, 630pm,
Callington Health Centre
- Prostate Support Group: Wednesday
Wednesday 29th
January 6pm,
Callington Town Hall

Welcome to the first patient Newsletter from Tamar Valley Health.

The aim of this Newsletter is to keep our patients up to date with what is happening in the Health Centre.

We will tell you about new services available in the Practice, any changes to existing services and any important information you should be aware of.

If there are any items you would like to see featured in the next newsletter please use the feedback form on our website www.tamarvalleyhealth.org.uk or pick up a suggestion form in the surgery, complete it and post in the suggestion box.

Did you know.....?

We would like to share some interesting information with you which gives an idea of the work that goes on behind the scenes in our busy Practice:

We currently have **16,162** patients registered with us. In a **3** month period, we:

- Issued **53,288** prescriptions (average of **874** per working day)
- Answered **24,727** telephone calls (average of **405** calls per working day)
- Issued **1,266** electronic referrals (average of **21** per working day)
- Saw **17,000** patients in face to face consultations (average of **279** per working day)
- Received & checked **14,486** test results (average of **237** per working day)



Christmas and New Year Closure

We will be closed on

Christmas Day

Boxing Day

New Year's Day



SurgeryPod - We have new equipment that patients can use to record their height, weight and blood pressure without having to write the results on paper and hand to Reception

LIVI

See a GP by video with LIVI.....even at the weekend

Patients can now see an NHS GP by video using LIVI.

Get medical advice, prescriptions and referrals on the same day – even at weekends.

The service is provided free on the NHS. You can download the LIVI app to your mobile phone or tablet, at the App Store or Google Play. Or visit www.livi.co.uk for more information.

LIVI GPs are all GMC-registered NHS GPs, who (with your consent) will be able to access your medical records and give you a considered, in-depth diagnosis based on your medical history.

NHS APP

Get more control of your health and care

Get the NHS App

A simple and secure way to access a range of NHS services on your smartphone or tablet

Patient Groups

Patient Participation Group and League of Friends

Are you interested in getting involved in the Practice?

Contact Chris Greensted, PPG chair on 01822 834797 or at c.greensted@plymouth.ac.uk for further information.

Or for the League of Friends contact Clive Grenfell 01579 383916

Flu Season

The Department of Health recommends that all patients over 65 years old or who are in an "at risk" category have an annual flu vaccination. Appointments are still available; please ensure you book yours today!

TAMAR VALLEY HEALTH

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CALLINGTON
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GUNNISLAKE HEALTH CENTRE
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www.tamarvalleyhealth.org.uk

<https://www.facebook.com/CallGunn/>



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